- We began with Miss Jones congratulating the committee for the confident delivery of their screen-time assembly. As we have not yet received all screen-time logs back, we will analyse them next term.
  - We also agreed that more needs to be done to reduce screen-time. We are going to create leaflets to send to parents, talking about the issue.
- We started talking about Children's Mental Health Week, taking place in February. This year's theme is "Find Your Brave". We discussed plans and agreed that we would like to:
  - Run another mental health awareness afternoon, with the whole school.
  - Lead a sponsored activity to do something brave, raising money for a children's mental health charity.
  - Make leaflets for parents.
- Miss Jones informed the committee that Active Cheshire are coming to run a healthy living day in March.